# A close-up of a logo AI-generated content may be incorrect.A logo for a company AI-generated content may be incorrect.Lesson Plan: The Role of a Physiotherapist

\*\*Age Group:\*\* 15-year-old pupils

\*\*Duration:\*\* 1 hour

\*\*Topic:\*\* The Role of a Physiotherapist

## Learning Objectives

- Define what a physiotherapist is and explain their role.

- Identify the types of patients physiotherapists work with.

- Understand the qualifications and skills needed to become a physiotherapist.

- Recognize common physiotherapy equipment and its use through an interactive activity.

## Lesson Outline

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| Time | Activity | Details |
| 0–5 min | Introduction | Briefly introduce what physiotherapy is and outline the session objectives. |
| 5–15 min | Definition & Role | Present definition of physiotherapist and discuss treatment aims (rehabilitation, pain management, mobility improvement). |
| 15–25 min | Who They Work With | Explain patient groups (sports injuries, post-surgery, children, elderly, neurological patients). Show examples or case studies. |
| 25–35 min | Qualifications & Skills | Explain academic route (A-levels, physiotherapy degree, placements). Discuss key skills (communication, empathy, teamwork, manual skills). |
| 35–50 min | Interactive Activity – Physio Equipment Quiz | Show images from attached document. Students guess name and purpose of each piece of equipment. Discuss correct answers and uses. |
| 50–55 min | Discussion | How physiotherapy impacts people’s lives. Careers in healthcare. |
| 55–60 min | Wrap-Up & Q&A | Summarize key points and allow questions. |